

## Thoughts Along the Way

*“Create for me a clean heart, O God, and renew a willing spirit within me”*

**Ps 51:12**

*Lent began as a season of reflection and conversion in the earliest days of the church, imitating the life of Jesus – his forty days’ journey in the desert. To aid our Lenten journey, we engage in the ancient practices of fasting, alms-giving, and extra prayer (cf. Mt 4:2, 6:16-17; Acts 13:2-3, 14:23). The following reflection on spiritual fasting is by William Arthur Ward.*

### Fasting and Feasting

Lent should be more than a time of fasting. It should be a joyous season of feasting.

Lent is a time to fast from certain things and to feast on others. It is a season in which we should:

Fast from judging others; feast on the Christ dwelling in them.

Fast from emphasis on differences; feast on the unity of all life.

Fast from thought of illness; feast on the healing power of God.

Fast from words that pollute; feast on the phrases that purify.

Fast from discontent; feast on gratitude.

Fast from anger; feast on patience.

Fast from pessimism; feast on optimism.

Fast from worry; feast on hope.

Fast from complaining; feast on appreciation.

Fast from negatives; feast on affirmatives.

Fast from bitterness; feast on forgiveness.

Fast from self-concern; feast on compassion for others.

Fast from discouragement; feast on hope.

Fast from suspicion; feast on truth.

Fast from thoughts that weaken; feast on promises that inspire.

Fast from shadows of sorrow; feast on the sunlight of serenity.

Fast from idle gossip; feast on purposeful silence.

Fast from problems that overwhelm; feast on prayer that [strengthens].

Amen.

Reflection courtesy of **Good News from the Missions Office** of the Archdiocese of Seattle, February 2009.

May we all grow closer to God this Lent,

**Rev. Matthew L. O’Leary**

**Pastor**

## Lenten Regulations

*Ancient disciplines of the Church*

**Fasting:** Catholics 18-59 fast on Ash Wednesday and Good Friday, having one full meal a day, and up to two smaller meals during the day.

**Abstinence:** Catholics 14 and older abstain from eating meat on Ash Wednesday and on Fridays during Lent.

### Our Saints

**MARCH 3—KATHARINE DREXEL (1858-1955)** was a wealthy young heiress in Philadelphia when the Church asked her family to help missions that served Native Americans and African Americans. Katharine became so involved in this ministry, that at an audience with Pope Leo XIII, he asked her to become a missionary. She took religious vows, and went on to establish the Sisters of the Blessed Sacrament in 1891 and Xavier University in New Orleans in 1915. During her lifetime, Katharine spent over twelve million dollars of her own resources on this ministry.

### Parish Stewardship Fiscal Year 2010

**July 1, 2009 thru June 30, 2010**

**Total FY 2010 Offering Budget: \$667,000**

**Week 34 February 21, 2010**

#### Weekly & Year To Date Offering Status

##### Weekly:

Weekly Offering Budget:	\$ 12,826.92
Offerings Received:	\$ 16,233.78
Weekly Surplus:	\$ 3,406.86
Weekly Shortage:	\$

##### Year To Date:

FY 2009 Year To Date Budgeted:	\$ 436,115.38
FY 2009 Year To Date Received:	\$ 366,787.70
FY 2009 Year To Date Surplus:	\$
FY 2009 Year To Date Shortage:	\$ (69,327.68)

#### Parish Mortgage Loan & Payment Status

Total Loan Amount:	\$ 2,854,137.51
FY ‘09-10 Interest Paid To Date:	\$ 130,008.00
FY ‘09-10 Principal Paid To Date:	\$ 10,000.00
FY ‘09-10 Total Payments:	\$ 140,008.00

#### Capital Campaign Report

Total Pledged:	\$ 764,863.00
Total Received:	\$ 597,059.50

#### Thank You To All For Your Stewardship Support!

##### Other Donations:

Black & Indian Missions	\$ 551.00
St. Vincent De Paul	\$
Food Bank	\$ 75.00
Other	\$ 179.31

**February 28, 2010**

**THIS WEEK AT HOLY DISCIPLES PARISH**

**Monday, March 1**

Bible Study-9:00AM  
Mom's Group-10:00AM  
Exercise Class-10:30AM  
"BREATHE" Classes-6:30PM  
Immigration Class-7:00PM

**Tuesday, March 2**

Stewardship Commission-2:00PM  
Hospitality-6:30PM  
Sunrise Choir-7:00PM  
Martial Arts-7:30PM  
SVDP Outreach-7:00PM

**Wednesday, March 3**

Rosary-9:40AM  
Mass-9:00AM  
Bible Study-10:00AM  
Exercise Class-10:30AM  
New Creation Choir-7:00PM

**Thursday, March 4**

Rosary-8:40AM  
Mass-9:00AM  
RCIA-7:00PM  
Inquiry-7:00PM  
Mystagogia-7:00PM  
Liturgy-7:00PM

**Friday, March 5**

Rosary-8:40AM  
Mass-9:00AM  
Holy Hour-9:30AM  
Exercise Class-12:30PM  
Soup Supper/Prayer-6:00PM  
Martial Arts-7:30PM

**Saturday, March 6**

Jr. High Rally Offsite-9:00AM  
Faith Formation Committee-9:30AM  
Rite of Election at St. Charles Church-11:00AM  
Blood Drive Mobile/Parking Lot-2:30PM  
Bible Reflection Group/Spanish-3:30PM  
Mass-5:00PM  
"Fireproof" Movie-6:30PM

**Sunday, March 7**

Mass-8:30AM  
1<sup>st</sup> Scrutiny-8:30AM  
New Creation Choir-9:00AM  
10:30 Mass/Pastor Installation  
Confirmation Class-3:00PM

**March 7<sup>th</sup>, 10:30 Mass**

Archbishop Alex Brunett will be with us for a formal installation of Fr. Matthew O'Leary as Pastor of Holy Disciples and Our Lady of Good Counsel. Please join us on March 7<sup>th</sup>. There will be a reception following.

**LITURGY- March 6<sup>th</sup> & 7<sup>th</sup>**

**Sacristans**

Helen Aichner, Allen/Sheryl Beck, Lillian Brennan, Charlene Whittaker.

**Reminder -Eucharistic Ministers helping in the celebration of Mass:**

**5:00 PM-**

**8:30 AM-**

**10:30 AM-**

**Lectors**

**Reminder - Lectors helping in the celebration of Mass**

**Altar Servers for March 6<sup>th</sup> & 7<sup>th</sup>**

Katie W., Conner M., Amanda W.  
Mackenzie H., Marcus M., Christopher M.  
Francisco V., Adam J.A., Amitie M.

**LITURGY**

**Readings for the 2<sup>nd</sup> Sunday in Lent**

Genesis 15: 5-12, 17-18; Philippians 3:17-4:1; Luke 9:28b-36

**Readings for the 3<sup>rd</sup> Sunday in Lent**

Exodus 3:1-8a, 13-15; 1 Corinthians 10:1-6, 10-12; Luke 13:1-9

**HOLY DISCIPLES HOSPITALITY**

**COFFEE HOUR February 28th**

**8:30AM Mass: 10:30AM Mass**

**No donuts, Father Matthew's Reception**

**February 28: Second Sunday of Lent**

In today's Gospel, Jesus overcomes the temptations to wealth, power and esteem. As we begin Lent, may we open our hearts to the grace of prayer, fasting and almsgiving.

**In the month of January, through your gifts, the Society of St. Vincent de Paul was able to assist families by providing help for utility bills and rent bills, etc.**

**Thank You!**

**CONFIRMATION**

Our next mandatory preparation class is **today from noon to 2 PM**. The topic is Christian Service: Witnessing to God's Justice. Please review the 4<sup>th</sup> chapter in your handbook prior to class. If you have not scheduled your initial interview with Carmen, please come prepared to make that appointment. Lunch will be served by the Woyak and Scacciotti families. Following this, our next meeting is Sunday, Mar. 7 at 3 PM (please note the change in time).

### **Listening Devices**

We have assisted listening devices available for our parishioners with impaired hearing. Please see our sound operator at the sound board in the rear of the church.

### **JULIE & KURT CARRICK ARE BACK!**

Save the date: **Saturday, March 20<sup>th</sup>**, 7:00 p.m. for a wonderful Lenten concert: "Grace, Hope and Healing" by our friends Julie & Kurt Carrick. This is their 3<sup>rd</sup> concert at Holy Disciples. More information to follow!

### **Need of Prayer**

#### **DEPLOYED PARISHIONERS**

Aaron, Alex, Anthony, Bill, Conrado, Damian, Dave, Denise, Dennis, Derek, Dominic, Don, Donald, Eric, Greg, James, Jeff, Jose, Joseph, Kim, Lynn, Mike, Mark, Noel, Richard, Rick, Sara, Sam, Thomas and Tyrel.

"Lord, hold our troops in your loving hands. Protect them as you protect us. Bless them and their families for the selfless acts they perform in our time of need. Amen."

***Please remember these individuals in your thoughts and prayers:***

Jennifer Cole, Jack Dempsey, Victoria Dunn, Pat Edwards, Cliff Eikum, Jon Irwin, Dennis Jonker, Ann Nybo, Ken Nichols, Grace Sheehy, Patricia Smith, Carol Stevens.

**If the names of the ill have been in the spoken Prayers of the Faithful for a month or more, they will then be remembered in our prayers from this list in the bulletin.**

**Please call the office if you would like any of these names removed from the bulletin list. 253-875-6630**

### **YOUTH OUTREACH 2010**

Please support our summer mission trip by purchasing a one or two year subscription to the Catholic Northwest Progress. \$10 for a one year and \$20 for a two year subscription will be sent to us from each subscription sold during this promotion. We are so proud of the work our young people are called to do, please help them live out their Gospel call.

The group is sponsoring a benefit concert, under the direction of Alex Glaze and Amelia Klein, to benefit Catholic Relief Services (CRS). The concert will take place on Friday, Mar. 12 from 7-9 PM; doors will be open at 6:30 PM. All proceeds go to CRS to provide relief from disasters in countries such as Rwanda and Haiti, and support and dignity to all God's people around the globe. Music and compassion are the common bonds we can unite through to do the work God has chosen for us. Please come, bring your friends and family. The suggested donation is \$8.

### **"BREATHE"**

Our Lenten Penance Service is scheduled for Monday, Mar. 15 beginning at 7 PM. Please make this part of your faith formation this season. 7 priests will be present to hear confessions; at least one will be Spanish speaking. Our Catholic faith calls us to confess our sins at least once per year, and if only once we are encouraged to do so in the Lenten season.

Reconciliation is also offered on Saturdays from 4-4:30 PM in the Eucharistic Chapel.

#### **Question of the Week:**

#### **Children:**

Jesus invites you to be close to him, to see him with clear eyes. What is Jesus like as a friend?

#### **Youth:**

What do you most want God to help you with?

#### **Adult:**

Sometimes we can see Christ with clear eyes, as the disciples did on that mountain. Share about such a time in your own life.

**K-6<sup>th</sup>:** Grade level assemblies for March will be on the 1<sup>st</sup> and 8<sup>th</sup>.

**JH/SH:** We meet this Sunday at 3 PM for "Leave the Past in Ashes".

**Households:** The intergenerational assembly for March will be held on the 22<sup>nd</sup> beginning at 6 PM with a potluck.

### **St. Vincent de Paul Thrift Store Volunteers!!**

Our Holy Disciples Thrift Store on Meridian needs volunteer help. There are a variety of tasks and the hours are flexible. You might have personal life skills or unique talents to share with our pool of volunteers. Please call June Lambert, the thrift store volunteer coordinator at (253) 474-7482 to find out how you can help us in our mission of helping others or stop by the store and ask for the store manager. We also need donations of all kinds. We start taking donations at 9:00AM till 4:00PM.



### **INFANT BAPTISM PREPARATION**

The classes for parents preparing for their baby's Baptism are Wednesday evenings, March 10 & 17, 7:00-8:45 p.m. Both evenings are required. To register, please contact Sue, in the parish office.

### ATTENTION ALL ADULTS!

Join us for wine, cheese & a movie:

The next **"Fireproof"** movie event is set for Saturday, March 6, 2010 at 6:30pm at Holy Disciples. Please bring your own wine or pop & a snack to share at this free event. If you've seen it before, please come again & bring friends and relatives! Let's share the "Good News" about keeping marriage happy & healthy! For limited childcare, call Barb (848 6309) or email her at [wiseparent@hotmail.com](mailto:wiseparent@hotmail.com)  
Please reference "Fireproof-childcare."

### WYD BINGO NIGHT

**Save the date!!!** The WYD group will hold its semi-annual family bingo night on Friday, April 9, from 7:00 - 9:30. Bingo cards are only \$1. Over \$100 in prizes for each game played. A total of \$1,124 was given away during the last event. Don't miss out on this one!!!

The WYD group is taking orders for personalized chocolate covered fudge Easter eggs. Choose from peanut butter, chocolate fudge, mint chocolate fudge, or vanilla fudge. The eggs will be available for pickup the week before Easter. Order forms will be available after each mass.



### Save The Date & Time—5:00 PM April 18, 2010

Join the Knights of Columbus Council 11948 at the 9<sup>th</sup> Annual Spaghetti Dinner, Auction and Raffle. Fellowship, Dinner, Entertainment, Live Auction and drawing for Raffle prizes are the planned activities.

### THE BOOK OF JOB – a film presentation & discussion

Have you ever said "Why Did God Do This To Me?" Suffered a loss recently, a loved one? a job? your home? your retirement? a dream of the future? Beginning Wednesday, March 3<sup>rd</sup>, 7:00-8:15 pm, join us to consider God's thoughts through a video presentation of the book of Job followed by a time of sharing our thoughts. For more details or to register, call Barbara Smith, 253-476-1635.



### Operation Rice Bowl Second Week of Lent—The Transfiguration

Jesus' transfiguration was a moment of hope for the disciples, giving them the strength to endure the future sacrifices they would make as they formed the early church. As we continue our journey with Catholic Relief Services' Operation Rice Bowl let us be mindful that our Lenten sacrifices help to give hope to our brothers and sisters in need.



### Silver Threads

For the month of March, we will be joining the 49er's at All Saints for a fun time playing Polish Poker. We can car pool from Holy Disciples, so please sign up on the Silver Thread's Board in the back of Church. Further information to follow.

### Trumpet Player!!!

We need a trumpet player for Holy Thursday Mass, April 1<sup>st</sup>, 7:00PM.  
Please call Anna Peterson at 253-847-0457

### Immigration Study Group

What is the Christian response to immigration?  
What do the Catholic Bishops have to say about immigration?

Join others in an eight week study examining the complexity of this issue. The study group will meet Monday evenings from 6:30 to 8:30PM beginning March 1 sponsored by the Justice in Action Commission.

For information contact Brian Peterson at 253-847-0457 or Ramonda Huff at 253-531-1864.

### SATURDAY, MARCH 6TH: BLOOD MOBILE AT HOLY DISCIPLES PARISH:

The Knights of Columbus and the Health Ministry are sponsoring a Blood Mobile, at our Parish on Saturday, March 6, from 2:30 PM to 5:00 PM. We NEED volunteers to give blood. Please put your name on the sign-up sheet at the back of the Church.

Any questions: Contact: Sherwood H. Dickie, Holy Disciples Health Ministry.